



MIDWEEK BREAKFAST

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AVAILABLE
UNTIL 11.30AM

ALL YOU CAN EAT

Our Breakfast Deck includes all your favourites such as pork sausages 217kcal, back bacon 132kcal, free range eggs 92kcal, hash browns 104kcal, baked beans 60kcal, plum tomatoes 21kcal, fried bread 39kcal, Belgian waffles 204kcal, black pudding 67kcal, fresh mushrooms 141kcal and toast and jams. 394kcal **6.49**

As standard we serve pork sausages 217kcal per sausage, except in Scottish sites where we also serve Lorne sausages 182kcal per sausage.

KIDS BREAKFAST

A smaller plate for our younger guests (12 years and under). **4.49**

BABY BREAKFAST BOWL (UNDER 3 YEARS)

Includes a slice of toast. 155kcal **99p**

VEGETARIAN BREAKFAST (V)

Ask for Meat Free Sausages when you order 105kcal per sausage. **6.49**

STRAWBERRY & CHOCOLATE WAFFLE (V)

A Belgian waffle served with fresh strawberries, fluffy cream and chocolate sauce. 463kcal **3.99**

BREAKFAST BAP WITH BACON

A toasted brioche style bun filled with rashers of back bacon, a free range fried egg and hash brown. 781kcal **2.99**

BREAKFAST BAP WITH SAUSAGE

Two pork sausages topped with a free range fried egg and hash brown in a toasted brioche style bun. 804kcal **2.99**

TOAST & JAMS (V)

Two slices of toast with jam. 394kcal **99p**

PORRIDGE (V) 65kcal 1.99

HOT DRINKS

LAVAZZA
TORINO, ITALIA, 1895



Oat and soya non-dairy alternatives are also available

AMERICANO 60kcal **2.39**

CAPPUCCINO 93kcal **2.89**

LATTE 108kcal **2.89**

FLAT WHITE 84kcal **2.89**

HELP YOURSELF TO TEA 27kcal
& **FILTER COFFEE** 22kcal **2.49**

PEPPERMINT TEA 1kcal **2.39**

**LEMON &
GINGER TEA** 1kcal **2.39**

**CRANBERRY &
RASPBERRY TEA** 1kcal **2.39**

HOT CHOCOLATE 260kcal **2.89**



Allergen Information: All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross-contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies, or intolerances, or need help accessing our allergen information, please let us know [before](#) ordering.

(V) made with vegetarian ingredients, (VE) made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. All calories are correct at the time of menu print. Live nutrition information is available online. **The Need to Know Bits:** - Photography is for illustrative purposes only. All items are subject to availability.

Our team appreciate recognition for good service and you can be sure that tips are kept by the people who serve you.

Adults need around 2000kcal a day.